STEP PARENTS

Program Target: To give youth practical suggestions for dealing with the challenges of blended families

What to do: Invite a family counsellor or other professional who has experience dealing with issues related to step-parenting and blended families to visit your group and give a talk, with time for questions and answers afterwards. Suggested time: About 30 minutes talk and 30 minutes question and answer time.

Preparation Time:

Locate and invite your guest speaker at least six weeks in advance. If you do not have connections through church or community organizations to anyone in the field of family counselling, contact your local community mental health organization for suggestions and referrals. Unless the speaker has a personal connection with the church and is willing to speak for free, you should expect that there may be a charge, and prepare accordingly.

Promote this program well in advance, giving both written and verbal personal invitations to both youth and parents in your church who are living in blended-family

Resources:
www.successfulstepfamilies.com
www.step-family-matters.com
www.stepfamily.org **(may be useful in helping to find professionals in your area who are skilled in working with step-families)**